



Aberfoyle Park Primary School Campus

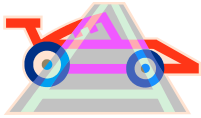
2013 Pedal Prix

Murray Bridge, 21-22 September
Featuring Nativity, Pilgrim and Thiele students
in

“Rocket”

&

“Evolution”



Please read this thoroughly with your child and
PRINT AND BRING TO THE TRACK FOR YOUR REFERENCE

Team members are required at our pits to register at
9.00am Saturday September 21.

Registration will be at our Pit site. Each rider will be issued with:
Rider Wrist band
Name tag and lanyard

Pit numbers: 185, 186 & 187 Pit H (see map)

Vehicle access to the track / camping area:

Friday: 6.00am – 4.00pm

7.45pm – 10.30pm

Saturday: 6.00am – 9.00am

*Please be aware that the gates will close at 9.00am sharp. Do NOT leave Adelaide at 8.00am and expect to get in with your car!!!! Please factor in time spent in traffic coming into the race area and that **entry wrist-bands, if not pre-purchased, will need to be purchased per person 10 years and older at the gate on arrival for \$15 each. Car entry (to park your car inside the track for race duration) is \$10 per car.***

If wristbands have been preordered – they will be distributed before Friday 20 September.

You will experience a line up if arriving Saturday am!

The race commences at **12 noon** on Saturday
and finishes at **12 noon** on Sunday.



Campus has pits **185-187 in Pit Block H** – opposite the VIP & Event staff carpark and adjacent to Marshal Point 3. Our camping area is likely to be near the top left corner of the area designated “long term parking”.

Team Information

Rocket	Evolution
Amy Buntin (start rider)	Jarred Clarke
Cameron Wells	Bridget Kuerschner
Katia Rawlings	Brad Samarcq
Kira Rawlings	Michael Denton
Krystian Reilly-Young	Sam Tonkin
Christopher Browne	Lachlan Hillier
Dainon Mitchell	Jesse Tonkin
Josh Sutton	Michael Henly
Jamie Jackson	
Joel Paul	
Nick Hughes	
Gareth Sellick	
Mitchell Sanders	
Evelyn Denton	
Brad Roche	
Team managers	Paul, Jason, Ali

The team managers have been very impressed at the improvement and effort shown by team members this year at training. All riders are to be commended for the hard work they have done in preparing for the coming 24 hour race.

Riders' uniform

Pedal Prix polo shirt	30 + sunscreen
Black shorts/bike shorts	Lip zinc – lips get VERY dry
Helmet	Medications – clearly labelled with name and dosage
Sunglasses	Drink bottle for in bike
Sports socks (several pairs recommended)	Normal water bottle
Sports shoes and cleats (if you own some)	
Gloves (optional, but recommended)	
<i>For evening:</i>	
Track pants – warm clothing (for in pits only) You may wear full length “skins” for riding if desired	

Timed Practice Session

Friday, 20 September 4.30 – 6.00pm

This is the only opportunity for riders to experience the track while in the trike prior to the race. There will only be enough time for our first year Cat 1 riders to participate, plus an experienced rider who will do a “hot lap” to give us the best grid position possible. Day and night time track walks with experienced adults from the team plus OST riders will be done to familiarise all riders with the track. Note that we race in an ANTICLOCKWISE DIRECTION IN THIS RACE.

Camping Details

The Campus camping area is located near our pit area (see map). We should have an area roughly 12m x 50m allocated to us.

You MUST consult Vanessa Sanders and Martin Sanders (Campsite Logistics) prior to setting up your camping arrangements. Due to the limited space available this action is crucial. You can locate Vanessa and Martin in the camping area or see Tony Sellick around our pit area if needed.

Vehicles are not permitted to remain in the campsite areas and the team can be penalised. Car parks are located in the centre of Sturt Reserve. A mobile shower block is available.

PLEASE BE AWARE THAT THE ENTIRE RACE AREA IS A DRY ZONE AND THE PITS ARE TO BE SMOKE FREE. NO ANIMALS ARE ALLOWED.

Things to Bring

WATER - Each family is asked to bring 10 litres of water to share with the team. For families of three or more people, please bring 20 litres – we envisage using more than 450 litres of drinking water over the course of the race/weekend.....possibly more as it is going to be quite warm during the day. Please deliver water cubes to the catering tent once your tent/van is set up.

*NOTE: **Mains water at Sturt Reserve is not recommended for drinking*** There is an onsite drinking water facility adjacent to the food stalls area (see site map).

Clothing and equipment

Air / foam mattress/campbeds	Optional
Sleeping bag/blankets/doona	Folding table
Torch	Esky for your own drinks
Plate Bowl Cup / mug Cutlery } For each family member, labelled.	Games Books
Tea towel	Extra snacks – healthy ones!!!!
Fold up chairs	Ear plugs if you're a light sleeper!
Towel and toiletries	Bug repellent (highly recommended)
Clothing – be prepared for a chilly night!!! Bring plenty of layers as weather is unpredictable in the Bridge! LABEL EVERYTHING PLEASE	Chap sticks or lip zinc (highly recommended)
10 or 20 litres cask water	

Food

- Saturday evening meal – provided for everyone who has ordered.
- Sunday breakfast – *bacon & egg muffins, cereal and toast* – provided for everyone who has ordered
- Water will be kept on the boil for adults to make tea / coffee.
- Throughout the night, snacks will be available for riders and the crew in attendance.
- Families will need to provide their own tea Friday night, breakfast Saturday morning, lunch Saturday and Sunday, unless they have pre-ordered the extra meals.
- Food stalls will be available at the track and meals can be purchased from the Community Club which is adjacent to Sturt Reserve, on the river front.

Please try to have your rider well hydrated from now right through and after the race. High complex carbohydrate meals for the few nights prior to Saturday would be advisable (pasta, rice, potato).

The team is proudly sponsored by

Bridgestone, Aberfoyle Park - Gold sponsor since 2008
Wanted! Brands (Harbour Town) - Gold Sponsor since 2011
Tonkin Schutz Design and Build - Gold Sponsor since 2011
Kyttons Bakery – Major sponsor since 2011 (Gold in 2012)

Traction Trikes and Bikes
Underground Design St Agnes
A1 Apparel Aberfoyle Park
MXITS
Apex Steel Supplies (supplier of the bbq trailer)

Please support these businesses where possible.

Other information

Team Meeting/Track walks

Please gather at the ***pits on Friday at 2.50 pm and again at 7.30pm*** for final race details.

3pm track walk - The team will do the daytime track walk with the team managers, experienced adults and OST before heading back to the pits for training in how to use the in-trike CBs at 3.45pm. All new Cat 1 riders then need to change into racing gear and return to pits by 4.10 ready for the practice session. All riders are then to report to pits at **7.30 for the night time track walk**. This will be less detailed and mainly to familiarise riders with how the track looks at night. We should be back by 8pm. Then it's off to bed for a good night's sleep. Parents are encouraged to walk the track with the team either or both times.

Team Photos

Team photos will be taken between **10am and 10.15am on Saturday morning** (may be subject to change at short notice). This is likely to occur in our pits. All riders must be wearing team shirts for photos. All parents are encouraged to take photos at the session and during the race. If you have good action or people photos that we can use on our website, please forward them to Ali Sellick.

Duty Roster

Thank you for volunteering for the range of jobs! The roster is sent separately.

In allocating duties the aim was to share out the times and late night shifts. If you are unable to do any of the shifts allocated, please swap with others on the roster and inform Ali Sellick of any changes made. Please ensure all changes are noted on the rosters.

Behaviour

Parents, please be aware that the team managers have full responsibility for deciding who races when and sleeps in what order and for how long, at the 24 hour race. Please see Sharon Willoughby or Ali Sellick first if there is something important you wish to discuss about the managing while at Murray Bridge. Riders must keep their managers and parents informed of their whereabouts at all times. If students are not ready and waiting when it is their turn to ride, they will possibly forfeit that turn.

Students are expected to follow school and Campus rules for the entirety of the event. Parents are responsible for supervising their children and their general behaviour whilst out of the trikes.

Contacts

Person	Role	Contact Number
Ali Sellick	Coordinator/Team Manager	0416 175 252
Bern Cumming-Buntin	Catering Manager	0403 316 138
Tony Sellick	Logistics Manager	0416 171 264
Sharon Willoughby	Campus rep/Manager	0421 910 473
Paul Clarke	Team Manager	0430 226 003
Jason Wells	Team Manager	0420 430 921

Toys

- NO bikes, skateboards, scooters or motorbikes
- NO cap guns, caps or any type of gun which fires missiles / projectiles
- NO silly string or spray projected item
- NO water pistols
- NO fireworks including sparklers

Thank you to everyone in preparing the students for this major event. We particularly appreciate the offers of help in getting gear up to Murray Bridge and in setting up the pits and camp area. We will have some sporting equipment available for riders to use to keep them occupied whilst not riding.

For further information

Check out the Pedal Prix website: www.pedalprix.com.au then click on the Round 3 - All information tab. This is the area where you will find everything you may wish to know!

DON'T DRIVE TIRED

AIPP Inc is concerned that some teams may be attempting to return home after this event with drivers who have suffered from sleep deprivation. This practice is potentially fatal and is actively discouraged. If you or any persons associated with your team finds themselves in this position, please contact the Event Director to arrange camping on Sunday evening on the riverbank adjacent to the AIPP houseboat to ensure a good night's sleep prior to setting off on your journey.

Note: There is a truck stop on the side of the freeway before Mt Barker that is great for a quick nap. There's also a McDonald's at Mt Barker that's good for a break, and also a fantastic bakery (Millie's) in Mt Barker. PLEASE drive carefully and take a break if you need it.

Round 3 Program of Events (Subject to change)

Friday 20 September

6:00am Gates 1 & 2 open

8:00am Scrutineering and Judging commences

4:00pm Scrutineering and Judging concludes

4:00pm Gate 1 close – no motor vehicle access

4:30pm Timed practice session 1 commences CATEGORY 1 & 2

6:00pm Practice session 1 concludes

6:00pm Timed practice session 2 commences CATEGORY 3 & 4

7:30pm Practice session 2 concludes

7:40pm Gates 1 & 2 open

8:30pm Compulsory Team Managers briefing

10:30pm Gates 1 & 2 close – no motor vehicle access

Saturday 21 September

6:00am Gates 1 & 2 open

9:00am Gate 1 closed for motor vehicle access and will not re-open until 12.30pm on

Sunday September 22

9:20am Top 15 shootout commences. Fastest 3 from each category + fastest all female

10:00am Shootout concludes

10:15am On Track Demonstration

10:30am Demonstration concludes

10:30am VIP Track Tour

11:00am Commence form up of grid

11:30am All vehicles on grid

11:50am All riders strapped in vehicles. Grid cleared.

11:52am National Anthem

11:53am Parade Lap commences

12:00pm Rolling start

Sunday 16 September

12:00pm Race concludes

12:30pm Gate 1 opened Motor vehicles subject to strict traffic control

12:30pm Post-race presentations

1:30pm Presentations conclude

1:30pm Venue clean-up

Wind up Celebration

This year we are planning a whole team (riders, parents, siblings) get together on **Sunday 27 October from 11.30am to 4pm (approx)** to celebrate a successful year. There will be a BYO BBQ at Wilfred Taylor Reserve Morphett Vale. Further details will follow soon. Please diarise this date. We would love to see you there!

Summary AIPP Event Rules 2013

GENERAL

Disorderly and abusive behaviour by teams will not be tolerated.

TRACK RULES

Overtaking and Contact

- Vehicles should keep to the left of the track unless overtaking.
- Vehicles should overtake on the right hand side.
- Upon passing, the rider must allow a safe clearance distance prior to returning to the left of the track.
- Obstruction of overtaking vehicles not allowed.
- Deliberate bumping is prohibited.
- Cutting off is prohibited.

Pit Lane / Rider Changeovers

- When exiting pit lane you must sound your warning device and show your wristband to the Marshall
- Speed is fast walking pace only
- Brakes only must be used to stop the vehicle
- Rider changes will occur in the team changeover area
- The vehicle will be stationary during rider changeover

FLAGS / LIGHTS

Aust National Competition Start

Green Conditions normal, race speed.

Yellow This is the signal for danger – there is a hazard on track ahead. It may be in the form of another vehicle and/or a marshal or the likes. **SLOW DOWN and be prepared to take evasive action.** Any overtaking or riding within the area prior to the next green flag that causes concern to officials will be severely dealt with.

Double Yellow Emergency Vehicle either on, or about to enter, the track. Double Yellow flags will be shown at the two marshal points preceding the obstacle. Riders need to be very aware of these occurrences and ensure they travel extremely slowly with **NO OVERTAKING** to enable evasive action to be taken if required. Overtaking within the area prior to the next green flag will incur penalties.

Red STOP IMMEDIATELY AS NEAR AS PRACTICABLE TO THE LEFT HAND SIDE OF THE TRACK. If red flag condition continues for an extended period, teams may be directed to return to their pit. When directed to move, vehicles are to return to their pit in single file. **NO OVERTAKING PERMITTED.**

Black Flag Waved directly at a single vehicle. Vehicle required **on the following lap** at the Chief Marshal's compound. The Black flag may be shown in conjunction with a vehicle number.

Chequered Flag End of competition

START OF COMPETITION PROCEDURE

Line up on the grid according to the best time attained during Friday night's timed session. The National Anthem is played followed by one slow parade lap behind pace vehicle. Then after the slow lap, the race will commence.

END OF COMPETITION PROCEDURE

- One lap behind pace vehicle then back to pits.

Please stress to your child/ren the importance of keeping LEFT on the track – particularly those slower riders. As primary school aged riders, our students are slower than many of the vehicles on the track.